

## About Brewing Tea!

To brew a truly great pot of tea, follow these simple steps.

- o Use good quality water
- o Warm your pot by swishing hot water in it before making tea.
- o Boil the water for black tea (212 degrees F), but let water for green tea cool down to 185 degrees F before steeping tea.
- o Use a mesh infuser or a cotton strainer to hold the tea leaves. Most bad pots of tea are due to people packing tea into a tea ball and not leaving room for the tea leaves to expand. Remember, your tea leaves will expand to twice their dry size when infused.
- o After infusing, REMOVE the tea leaves. Leaving them in too long will make your tea bitter.